



TAKE YOUR TEAM TO
NEW HEIGHTS

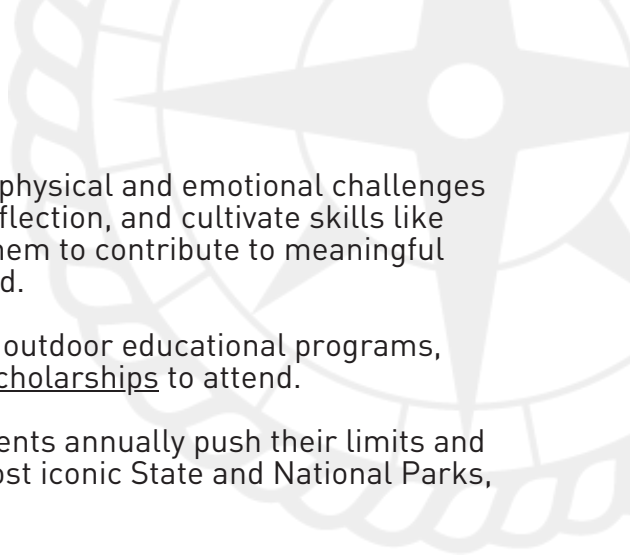
PROGRAMS FOR PROFESSIONALS

WITH OUTWARD BOUND CALIFORNIA

Outward Bound California's curriculum approaches teambuilding through experiential learning. If your organization is looking to deepen relationships, Outward Bound Professional helps individuals grow and trust as a team.



OUTWARD BOUND
CALIFORNIA



WHO WE ARE

Our programs help participants embrace physical and emotional challenges in a group of their peers, find space for reflection, and cultivate skills like confidence and compassion that enable them to contribute to meaningful change in their communities and the world.

We are dedicated to opening up access to outdoor educational programs, more than 2/3 of our participants receive scholarships to attend.

Through all of these programs 3,000 students annually push their limits and access their best selves in California's most iconic State and National Parks, wilderness areas and urban parks.



WHAT WE DO

Corporate Teambuilding draws from our experience in challenge and discovery through collective experiences outside. Experiential learning is effective because it creates common language within teams, encourages risk taking in a safe environment, engages the full person through kinesthetic learning, builds on a diversity of strengths, and accelerates learning.

Each member of your group will problem solve collaboratively, gain respect for each other's strengths and weaknesses, recharge in beautiful outdoor settings, and build relationships - all skills they'll take back to the workplace for lasting, positive change.



WHERE WE DO IT

With basecamps in San Francisco, outside Yosemite National Park and Joshua Tree National Park, we have access to California's most iconic landscapes. In the cypress trees of McLaren Park or bouldering in the high desert - we promise a beautiful outdoor space as the backdrop to your program.



Leading a team in the healthcare industry means adapting to constant change, stressful work environments and having to do a great deal with very little. I have twice, with two different organizations, reached out to Outward Bound to help our teams work better together, be stronger leaders and brighter citizens of our community. And it worked. Both times. I'd highly recommend anyone looking for a bold and unique teambuilding program to work with Outward Bound Professional. I look forward to hiring them a third time.

Kevin Causey

Chief Development Officer, Montage Health



PROGRAM OPTIONS

1

Overnights

Multi-day options are backpacking or backpacking combined with rock climbing in the High Sierra or Joshua Tree.

Rock climbing only can be a base camp style, where the team hikes to their rock climbing location daily, but camps in the same place. Combo options are available for rock climbing and backpacking.

Joshua Tree is available Nov - April, High Sierra in the summer months.

2

Full-Day

We'll take your team rock climbing in the wild and rugged Joshua Tree National Park.

3

Ropes Course

At John McLaren Park in San Francisco, our ropes challenge course in the cypress trees is the backdrop to your teambuilding.



DYNAMIC BENEFITS

200%

Investments in human capital double productivity compared to investments in physical capital.

680

Companies that invest \$680 in training per employee improved total stockholder return by 6 percent year compared to companies that don't.

1600

Those that invest \$1,600 per employee have 24 percent higher gross profit margins, and 218 percent higher income per employee.

Outward Bound Professional Program Stats: Google Teambuilding Day

PARTICIPANT EVALUATION

TYPE: Ropes Course
Number of Participants: 32

Quality:  4.76/5

Content:  4.56/5

Facilitators:  4.84/5

SAMPLE ITINERARIES



BACK PACKING

Multi Days

- Day 1:** Divide group gear and food, lessons in packing a backpack, begin backpacking
- Day 2:** Introductory lessons to camp craft, continue backpacking
- Day 3:** Backpacking, solo
- Day 4:** Final Challenge, graduation
- Day 5:** Clean and de-issue gear, depart for airport



ROCK CLIMBING

Full Day

- 9:00am:** Introductions and ice breaker activities
- 9:30:** Challenging initiatives in small groups
- 10:00:** Rock Climbing training and safety overview
- 11:30:** Lunch
- 12:30:** Rock climbing and rappeling
- 3:30:** Meet back for discussion, debrief of learnings
- 4:30:** Program complete

PRICE LIST

DAY PROGRAMS	# OF PARTICIPANTS	
	6 - 20	21 - 32
Ropes Course 3-4 Hours	\$3,950	\$5,000
Ropes Course 4-6 Hours	\$5,300	\$6,300
Full Day Rock Climbing in Joshua Tree	\$5,300	\$6,300
On-site near your office	\$3,750	

OVERNIGHT PROGRAMS

Multi-day Backpacking and/or Rockclimbing	PER GROUPS OF 10 \$3,750 per day
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ROPES COURSE

4 - 6 hours

[Watch the Welcome to OBCA's Ropes Challenge Course video.](#)

- 9:00am:** Team-building challenges and initiatives
- 11:00:** Knot and belay school
- 12:00:** Lunch Break
- 12:30:** High Elements (i.e. crossing the horizontal log suspended 35 feet, or taking the leap of faith off a 20 foot and trusting your belayer)
- 2:30** Debrief of learnings and key takeaways

We offer [scholarships](#) to communities who have been traditionally excluded from meaningful engagement with nature. Please consider sponsoring or donating to our [scholarship fund](#).

Ready to chat?

Call us at **(415) 316-0564** | Email Eli Fox at efox@obca.org

[More info at www.obca.org](http://www.obca.org)



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